

## Iowa Middle School Bowling Programs (Rules & Format) FAQ

**This is Suggested Criteria but each operating program can modify this and distribute copies to bowlers with a schedule of practices and meets.**

Get ready to bowl on your Middle School Bowling Team and also compete at the State Middle School Championship April 19th, 2025 in central Iowa.

1. **Program fee:** The initial \_\_\_\_\_ cost is the only cost you will incur for the middle school bowling season including practice, matches, some tournaments, uniform and awards
2. **Season:** The season begins the week of March 1st with practice once per week at your “home” center and a meet once per week. Everyone participates. Coach will give you a schedule. The \_\_\_\_\_(school name) Middle School team will bowl at \_\_\_\_\_(home center name, address, city phone number) at \_\_\_\_\_(time and dates).
3. **Equipment:** Bowling balls and rental shoes are provided if needed.
4. **Bowlers Card:** Each bowler may receive a “bowler’s card” with discounted open bowling and pro shop offers. This will allow bowlers to practice outside of official practice sessions.
5. **Competition** will be based on actual scratch scores. A match will consist of individual and Baker games (In Baker the team shares each game.) Legal lineup is 5 members per team. 3= legal lineup. Matches are at \_\_\_\_\_
6. **Dress Code:** A uniform shirt is provided and must be worn at all matches and tournaments (once shirt is issued), no exceptions. No shirt = no bowling. Replacement cost is \$20.00. Bowlers may not wear hats, headgear or use cell phones during meets or practices.
7. **Cancellations:** If school is cancelled, practices and meets are cancelled. If weather deteriorates during the day, a decision will be made at 2:00 pm the day of the meet.
8. **Awards** will be given out at a season’s end party.
9. **Code of Conduct:** Good sportsmanship is a required part of the game. Unsportsmanlike conduct will result in a warning for 1<sup>st</sup> offense, zero for the frame 2<sup>nd</sup> offense, and removal from the match/practice for 3<sup>rd</sup> offense. Severe bad conduct will result in removal. ONLY COACHES, BOWLERS, & STAFF in

bowlers area. No practicing on the day of a match at the bowling center of your match.

10. **Transportation:** No school transportation provided.

11. **Admission fee** of (optional) \_\_\_\_\_ will be collected for all meets.  
Student activity passes accepted.

12. Individuals can be placed on other teams if needed.

13. **State Championship:** All middle school teams have the option to enter the Middle School Championship April 26, 2025. Divisions are boys, girls, coed, and open (if all bowlers are not from the same middle school). Individual Singles may also enter. You do not need a full team to participate. There will be an additional entry fee of \$25.00 for those bowling at state. \$1900 total scholarships will be awarded for 1<sup>st</sup> and 2<sup>nd</sup> place Boys & Girls Singles, the top 4 All Tournament team individuals boys and girls, and each winning team in each of the 4 divisions. Trophies will be awarded for the winning school in each division. A medal for each individual on the 1<sup>st</sup> and 2<sup>nd</sup> place teams in each division, as well as the 1<sup>st</sup> and 2<sup>nd</sup> high boy and girl and the all tournament team will be awarded.

When organizing determine a volunteer **official scorekeeper** to distribute the standings to your conference coaches.

Start the **recruitment process for a coach**. This can be a parent or even one of your varsity high school bowlers if your youth coach is not available. USA Bowling offers Level One coaches' training. Schedule is at bowl.com. Encourage bowlers to be USBC certified or include the \$4 basic certification in the registration fee for the program.